Women's wealth and pursuit of financial independence

Turning Tides Financial, LLC, is a women-owned financial firm that specializes in creating an environment for women to comfortably discuss and invest in their financial future.

Women are becoming more active in the financial industry, and Turning Tides wants to help them feel confident when discussing retirement, financial planning, insurance solutions and personal financial management.

Women spend much of their lives taking care and providing for others but often neglect themselves. Turning Tides Financial is there to

They help each person create a personal, flexible and proactive wealth plan that is mindful of each individual's goals and objectives.

Many women have the same concerns when it comes to planning for their financial future: "Do I have enough?" "Will I be able to retire before I die?" "How do I survive divorce?'

Lepo specializes in helping women through financial transition. With over 20 years of experience and as a Certified Divorce Financial Analyst, she works with women for financial independence.

Financially surviving divorce, adjusting to widowhood and retirement, Turning Tides Financial will help each client "Live Their Life...and Plan Their Future!"

For more information, call today for a complementary



Julianne Lepo, founder, and Katie Weibel, managing partner, of Turning Tides Financial, LLC, focus on the needs and objectives of each

one-hour meeting and a coffee at 800-4290.

Securities offered through LPL Financial Member FIN-

CrestMount Senior Apartments 1 & 2 Bedroom **APARTMENTS**

285 Crestmount Ave. Tonawanda 716.743.2450 or 716.818.4159



Suburban Orthodontics offers a spectacular smile

It's your turn. It's never too late to have a spectacular smile. Research has shown that patients who perceive their smile as beautiful may have a better quality of life.

Over 4.5 million people received orthodon-

tic treatment in 2012. The demand for orthodontic treatment is not only related to personal appearance and psychosocial factors.

Properly aligned teeth

may improve the access to properly clean your teeth and will improve overall oral

Orthodontics has evolved tremendously over the last 20 years. Treatment times have been reduced to as little as six months.

There are technologies available to eliminate pain and discomfort. Orthodontic treatment can be completed with clear aligners, which are invisible and have no effect on eating, brushing and flossing.

At Suburban Orthodontics, using the latest techrthodontics nologies available, they can give you a spectacular smile discreetly and comfortably.

> Contact one of their five convenient offices for your complementary consultation in Buffalo, Amherst, Hamburg, Depew and downtown Buffalo. For more information, call



Start the conversation with Presbyterian Village at North Church

isn't always easy. Is it time to make a change? Is senior living the right fit?

It's never too early to start,

Starting the conversation for yourself or a loved one. And it's often a conversation that brings in your entire network: family, friends, neighbors and colleagues.

> For some, it is nice to start by planning visits to communities in the area during an event like an open house or summer concert.

> > Others prefer to schedule a tour with the administrator or sales manager, and yet others enjoy browsing through web

sites from home.

You may even want to reach out to friends that have gone through a similar process to hear what their experience was like. They are likely to be a great resource for you.

Speaking of resources, there are a lot for every step of the way, and you can find them at www.pscwny.org, from downsizing experts to movers, insurance agents and accountants. It may not be an easy move, but it certainly will be a good one.

For more information about researching senior living, feel free to contact Jenna Bichler, administrator, Presbyterian Village at North Church Independent Living Community, at 631-3430.



Check out our website: W W W . T O W N S H A N

Vinecroft Retirement Community is proud to be a part of the Western **New York Community**

A lovely suburban setting just minutes from shopping, restaurants, churches & more!



Check out our website at www.vinecroft.org for more upcoming events.

FREE EXERCISE PROGRAM

SIX DAYS A WEEK **ALWAYS OPEN TO THE PUBLIC** Sunday through Friday featuring Chair Yoga, Strength & Range of Motion and Seniorcise

5945 Vinecroft Drive • Clarence Center, NY (Transit Road, east on Roll Road, north on Newhouse Road)

Snyder Pharmacy, because they care

At Snyder Pharmacy, they know there is so much life to be lived. And why should you have to spend that time worrying

Presbyterian Village at North Church

Williamsville, behind 300 N. Forest Road,

wants you to free yourself from the

responsibilities of home ownership.

instead of living? Your prescription accuracy and medical supply needs should be one less thing to worry about.

At Snyder Pharmacy, they have been trusted by the local community for more than 80 years, offering the best prices and being your one-stop shop for not only pharmaceutical services, but also home-health care supplies and equipment for your entire family.

Rarely experienced today, they provide a family-friendly atmosphere. You'll be welcomed by their pharmacy staff — caring professionals who are readily available with answers and information regarding your medical questions and supply needs.

Snyder Pharmacy exceeds the expectations of your entire family by providing a complete line of quality medical equipment and supplies, including, but not limited to, crutches, walkers, canes, bathroom safety equipment, bandages and more.

Snyder Pharmacy truly values each and every customer's time and experience. They go above and beyond to meet and exceed your expectations.

Snyder Pharmacy hopes that you will stop by 4536 Main St., Snyder, to check out their wide selection of products and services, or call 839-3050.

CALL 741-7741 www.vinecroft.org Make Our Neighborhood Your Neighborhood!